

A white speech bubble with a tail pointing towards the bottom right, containing the text "Hello 2024" in a dark blue, cursive font.

Hello
2024

An illustration of a group of six stylized people in winter clothing (green, red, and striped sweaters) hugging each other. They are standing on a white ground line against a dark purple and blue background with several starburst patterns representing fireworks.

New Year
Timetable 2023 / 24



New Year Sessions 2023 / 24

Session	Day	Time	Type	No. Weeks	Cost	Venue
Social Badminton (Ladies, 16+)	Weds	7-8pm	Turn up and play	n/a	£2/session	Hudson Leisure Centre, Wisbech
No Strings Badminton, Beginners (16+)	Mon	6-7pm	Turn up and play	n/a	£2/session	Hudson Leisure Centre, Wisbech
Badminton Intermediates (16+)	Mon	7-8pm	Turn up and play	n/a	£2/session	Hudson Leisure Centre, Wisbech
Walking Football	Fri	7-8pm	Turn up and play	n/a	£2/session	Hudson Leisure Centre, Wisbech
Forever Fit	Tues	11.30-12.30pm	Turn up and play	n/a	£2/session	Hudson Leisure Centre, Wisbech
Forever Fit	Tues	1-2pm	Turn up and play	n/a	£2/session	Manor Leisure Centre, Whittlesey

Yoga Sessions

General Yoga	Tues	1.15-2.15pm	9th Jan - 26th Mar	12	£30 / £15 half block	Oasis Centre, Wisbech
Gentle Yoga	Tues	2.15-3.15pm	9th Jan - 26th Mar	12	£30 / £15 half block	Oasis Centre, Wisbech
Beginners Yoga	Weds	5-6pm	10th Jan - 27th Mar	12	£30 / £15 half block	Wimblington Parish Hall
Intermediate Yoga	Weds	6-7pm	10th Jan - 27th Mar	12	£30 / £15 half block	Wimblington Parish Hall

Strength & Balance Sessions

Strength & Balance	Tues	12.15-1.15pm	9th Jan - 26th Mar	12	£30 / £15 half block	Oasis Centre, Wisbech
Strength & Balance	Weds	11.15-12.15pm	10th Jan - 27th Mar	12	£30 / £15 half block	Doddington Court
Strength & Balance	Fri	11.30-12.30pm	Starts 19th Jan	n/a	£2.50/session	Manor Leisure Centre, Whittlesey
Strength & Balance	Fri	11.30-12.30pm	Starts 5th Jan	n/a	£2.50/session	Chatteris Leisure Centre

Healthy Lifestyle Programmes - For those looking to get more active & lead healthier lifestyles, age 18+

Dodgeball	Tues	10-11am	30th Jan - 26th Mar	9	Free	Hudson Leisure Centre, Wisbech
Walking Basketball	Weds	7-8pm	24th Jan - 27th Mar	10	Free	Hudson Leisure Centre, Wisbech
First Step Fitness	Mon	10.30-11.30am	29th Jan - 25th Mar	9	Free	Chatteris Leisure Centre
First Step Fitness	Weds	8-9pm	24th Jan - 27th Mar	10	Free	George Campbell Leisure Centre, March
First Step Fitness	Fri	10.30-11.30am	26th Jan - 22th Mar	9	Free	Hudson Leisure Centre, Wisbech

Session	Day	Time	Type	No. Weeks	Cost	Venue
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Pre-Fit Sessions

Pre-Fit	Weds	2-3.30pm	Book at Leisure Centre	n/a	£3/session	Hudson Leisure Centre, Wisbech
Pre-Fit	Weds	2-3.30pm	Book at Leisure Centre	n/a	£3/session	George Campbell Leisure Centre, March
Pre-Fit	Weds	11.30-1pm	Book at Leisure Centre	n/a	£3/session	Chatteris Leisure Centre
Pre-Fit	Weds	12.30-2pm	10th Jan - 27th Mar	12	£36 / £18 half block	Doddington Court
Pre-Fit	Tues	10-11.30am	Book at Leisure Centre	n/a	£3/session	Manor Leisure Centre, Whittlesey

Wellbeing Sessions

Wellbeing Stretch & Breathe	Thurs	12.45-1.45pm	11th Jan - 28th Mar	12	Free	King Edward Centre, Chatteris
Wellbeing Dance & Stretch	Weds	7-8pm	10th Jan - 27th Mar	12	Free	Neale Wade Sports Centre, March
Wellbeing Kickboxing Fitness	Sat	9.30-11am	Starts 20th Jan	n/a	Free	RKA Kickboxing Academy, March

Love to Move - Dementia friendly, seated activity sessions. Carers welcome.

Love to Move - March	Tues	11-12.30pm	Restarts 9th Jan	12	Free	March Braza Club
Love to Move - Chatteris	Thurs	11-12.30pm	Restarts 11th Jan	12	Free	King Edward Centre, Chatteris

Other Sessions

Family Skating	Thurs	4.30-5.30pm	18th Jan - 22nd Feb	6	£2/session, per person	Skaters, Walpole Highway
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Tea Dance events - Please book your places to let us know you are coming. Beginner dance instruction, open floor or join for a cuppa & chat

Chatteris	23rd Feb	King Edward Centre, Chatteris	<p>All Tea Dance events are FREE, 2-4pm</p> <p>Join us for a FREE dance tutorial before each Tea Dance event to learn the steps and practice, 1.30-2pm.</p> <p>All events include hot drinks & snack refreshments, please let us know if you have any dietary requirements.</p>
Wisbech	15th Mar	Queen Mary Centre, Wisbech	
Eastrea	26th Apr	The Eastrea Centre	
Christchurch	24th May	Christchurch Community Centre	
March	31st May	Braza Club, March	
Parson Drove	19th Jun	Parson Drove Village Hall	
Chatteris	28th Jun	King Edward Centre, Chatteris	
Wisbech	26th Jul	Queen Mary Centre, Wisbech	
March	2nd Aug	Braza Club, March	
Eastrea	16th Aug	The Eastrea Centre	

Active Fenland at home

Active @ Home booklets	Free	Older adults exercises to increase strength, balance & flexibility at home.	Postal - get in touch and let us know your address
Family Treasure Hunt Sheets	Free	Active learning treasure hunts for a family to complete in the park	Download online (or get in touch for postal)
Active Fenland YouTube	Free	Various activities including yoga sessions	Visit the Active Fenland YouTube channel

Ramblers Wellbeing Walks

Find out more about each walk and sign up: www.ramblers.org.uk/go-walking/wellbeing-walks

Name	Day	Time	Start / End Point	Duration	
Wisbech Mindful Walk	Fri	10am-11am	Wisbech Park Bandstand	1 hr	All Ramblers Wellbeing Walks are FREE
March Riverside Walk	Tues	1.30-2.30pm	March Library	1 hr	
Whittlesey Wellbeing Walk (every 2nd & 4th Monday)	Mon	10am-11am	Whittlesey Buttercross	1 hr	If you are interested in being a volunteer walk leader please get in touch
Chatteris Wellbeing Walk	Tues	1.45-2.30pm	Chatteris Library	45 mins	
Chatteris Pocket Park Walk (every 1st Monday)	Sun	10am -11am	Outside The Sportsman	20 mins / 1hr	
March Winter Blues Walk (fortnightly)	Sun	2-3pm	March Library	1hr	



Booking required for sessions that are not turn up and play. To book a place, please visit: www.fenland.gov.uk/ActiveFenland and fill out the Active Fenland booking form. You will then receive an email response.

- For more information about a session please email activenfenlandbookings@fenland.gov.uk, or call 07874 893316 / 07592 774656
- Some blocks can be joined mid-block, please get in touch. Some sessions need to be paid in full as a block payment.