

# Booking a rapid COVID-19 test

There are six sites across Cambridgeshire and Peterborough specifically for rapid testing of workers who are not displaying any symptoms. Staff are able to book onto any of these rapid testing sites closest to where they live or work

## Find your nearest rapid result testing centre

### Cambourne

The Hub,  
High Street, Cambourne,  
South Cambridgeshire  
CB23 6GW

### Soham

Soham Town FC  
Julius Martin Lane, Soham,  
Ely, East Cambridgeshire  
CB7 5EQ

### Huntingdon

The Coneygear Centre  
Butts Grove Way  
Huntingdon, PE29 1PE

### Wisbech

Queen Mary Centre  
Queen's Road, Wisbech  
Fenland, PE13 2PE

### Peterborough

St Mark's Church  
Lincoln Road  
Peterborough, PE1 2SN

### Arbury

The Meadows Community Centre  
1 St Catharine's Rd, Arbury  
Cambridge, CB4 3XJ



Tests can be booked at [www.cambridgeshire.gov.uk/rapidtesting](http://www.cambridgeshire.gov.uk/rapidtesting)  
or [www.peterborough.gov.uk/rapidtesting](http://www.peterborough.gov.uk/rapidtesting)

## How the rapid test works

- The test detects the presence or absence of Coronavirus when you apply a sample, taken with a swab, to the device's absorbent pad.
- It takes less than 15 minutes to do the test and you will be sent your test result in under an hour.
- If you have a mobile phone that can connect to the internet, this will help with registering your information and your test results can be sent via a text, if you don't then the testing site will be able to use their mobile to register your details.
- You will be given detailed instructions of how to do the test by the testing assistant.

## If you test positive

If you test positive, you will need to isolate for 10 days along with members of your household.

NHS Test and Trace will support you to identify close contacts. We will get in touch to give you more information about practical and financial support available to help you isolate.

### How to self-isolate



There is lots of support for anyone who needs it in order to self-isolate THERE REALLY IS NO REASON NOT TO.

## How long do I need to self-isolate for?



**At least 10 days if you have symptoms or have tested positive.** The 10 days starts from when symptoms began. If you don't have symptoms, the 10 days start from when you test positive.



**10 days if you live with someone who has symptoms or has tested positive.** The 10 days start from when symptoms began, or from the date of the positive test for those who don't have symptoms.

## If you test negative

You must still take extra care and follow national guidance. Don't invite anyone into your home who doesn't live with you, work from home if you can, wash your hands often and well, keep your distance from people you don't live with, wear a mask in shops or on public transport. **You need to continue to take these measures even if you test negative.**

Find out more about public advice [www.cambridgeshire.gov.uk/residents/coronavirus/coronavirus-information](http://www.cambridgeshire.gov.uk/residents/coronavirus/coronavirus-information)

Please remember



HANDS



FACE



SPACE

Help us **stop the spread** of coronavirus.