

Getting from A to B Hospitals - March Area

Making essential journeys without a car



Addenbrookes



Queen Elizabeth



Hinchingsbrooke



Peterborough City



Contents

Introduction.....	1
How to use this booklet.....	1
Printed and website timetable information.....	1
Timetable information to your mobile phone.....	1
March – Addenbrooke’s Hospital in Cambridge.....	2
Addenbrooke’s Hospital in Cambridge - March.....	2
March - Queen Elizabeth Hospital in Kings Lynn.....	2
Queen Elizabeth Hospital in Kings Lynn - March.....	3
March - Peterborough City Hospital.....	3
Peterborough City Hospital - March.....	3
March - Hinchingbrooke Hospital in Huntingdon.....	4
Hinchingbrooke Hospital in Huntingdon - March.....	4
Other Hospital Transport Options.....	4-5
Further Help and Advice.....	5
Publications/Websites.....	5

Introduction

Whilst most people in Fenland travel easily to healthcare appointments by car, there is a growing difficulty for patients without a car accessing hospital appointments. This booklet aims to assist people who need to make a journey to a local hospital.

How to use this booklet

This booklet sets out examples of how journeys can be made to local hospitals by public or community transport. It aims to provide people needing to travel with information that can assist them, however it is not possible to cover every journey in one document. For this reason we have also provided details about where to access public transport timetable information. The idea behind this booklet is that it shows you how to make a journey to each hospital using public transport with times and locations for buses. If your appointment is at a different time of day you will need to look at the timetables for more suitable journey times. For community transport we have given contact details of the providers so that you can discuss journey requirements with them directly.

Printed and website timetable information

For further information on what transport is available in Fenland pick up a copy of the Fenland Transport Directory from your local Fenland @ your Service shop or download a copy at www.fenland.gov.uk/transport.

Timetable information to your mobile phone

You can now receive timetable information direct to your mobile phone. It's convenient and easy to do. You will need the bus stop code ie CMBDADAP, which can be found on bus stop flags, by calling Traveline on 0871 200 22 33 or online at www.traveline.info. Next you need to text the 8 letter code to 84268 (standard mobile rates apply). If you require timetable information for a specific route simply add the service number to the end of the bus stop code ie CMBDADAP 7. Bus timetable information for the next scheduled departures from that stop will be sent to you within a few seconds.

For Real Time journey information direct to your phone. My Bus Trip provides passengers with direct access to real time bus information and includes:

- A map with bus routes and stops and shows real time locations of buses
- Access to bus stop and service information related to a location. The location is either set automatically (detected by GPS) or specified on the map by a Drop Pin
- The operator name, service and destination for the selected bus
- Full information about a journey including where the service stops, the distance of stops from your current location, bus due time and predicted departure time and scheduled departute time

You can download the 'app' at;

Android: <https://play.google.com/store/search?q=cambridgeshire+bus&c=apps>

iPhone: <https://itunes.apple.com/gb/app/mybustrip/id526679149?mt=8>

Examples of Public Transport journeys to hospitals

Over the next few pages are a selection of options of how to travel from March to each of the four main hospitals in Cambridgeshire/Norfolk if you do not have access to a car. Journeys vary from every 20 minutes to every 2 hours Monday to Friday. If you have a National concessionary bus pass all bus journeys are free of charge after 9.30am Monday to Friday and all day at weekends and Bank Holidays. All bus journey times are correct as of October 2013.

1 March- Addenbrooke's Hospital in Cambridge

Example of journey to Addenbrooke's Hospital by train

Time	Place	Service	Pick up point
08:34	March Rail Station	Cross Country	Platform 2
09:08	Arrive at Cambridge Rail Station		
09:19	Guided Bus at Cambridge Rail Station		Stop 1
09:27	Arrive at Addenbrooke's Hospital		

Total journey time 53 minutes

Addenbrooke's Hospital in Cambridge - March

Example of return journey by train

Time	Place	Service	Pick up point
15:41	Depart Addenbrooke's Hospital	99	Bay A
15:47	Arrive Cambridge Rail Station		
16:00	Depart Cambridge Rail Station	Cross Country	Birmingham New Street
16:31	Arrive at March Rail Station		Platform 1

Total journey time 50 minutes

2 March - Queen Elizabeth Hospital in Kings Lynn

Example of journey to Queen Elizabeth Hospital by bus

Time	Place	Service	Pick up point
07:20	March	56	Broad Street
07:55	Arrive Wisbech Horsefair Bus Station		Bay 5
08:21	Depart Wisbech Horsefair Bus Station	X1	Bay 3
08:54	Arrive King's Lynn Bus Station		Bay 7
09:05	Depart King's Lynn Bus Station	10	Bay 5
09:17	Arrive Queen Elizabeth Hospital	10	Car park

Total journey time 1 hour 57 minutes

Queen Elizabeth Hospital in Kings Lynn - March

Example of return journey by bus

Time	Place	Service	Pick up point
15:30	Queen Elizabeth Hospital	10	Car park
15:47	Arrive Kings Lynn Rail Station		
16:07	Depart King's Lynn Rail Station	46	Blackfriars Road
17:33	Arrive March Broad Street		Bay 10

Total journey time 2 hours 3 minutes

3 March - Peterborough City Hospital

Example of journey to Peterborough City Hospital by bus

Time	Place	Service	Pick up point
07:05	March Broad Street	33	o/s Barclays Bank
07:57	Bourges Boulevard opp T K Max		Bay 6
08:10	Depart Bourges Boulevard	Citi 7	Stop F
08:20	Arrive Peterborough City Hospital		Main Entrance

Total journey time 1 hour 15 minutes

Peterborough City Hospital - March

Example of return journey by bus

Time	Place	Service	Pick up point
15:07	Peterborough City Hospital	7	Main Entrance
15:20	Arrive Bourges Boulevard		Bay 7
15:36	Depart Bourges Boulevard	33	Bay 6
16:43	Arrive March Broad Street		Market Place

Total journey time 1 hour 46 minutes

4 March - Hinchingsbrooke Hospital in Huntingdon

Option 1 - by train

Example of journey to Hinchingsbrooke Hospital by train

Time	Place	Service	Pick up point
08:01	Depart March Rail Station		Platform 1
08:24	Arrive at Peterborough Rail Station		
08:46	Depart Peterborough Train Station	Peterborough to Kings Cross	Platform 2
08:59	Arrive Huntingdon Rail Station		
09:12	Bus to Hinchingsbrooke Hospital	66	Outside Rail Station
09:17	Arrive Hinchingsbrooke Hospital		

Total journey time 1 hour 29 minutes

Hinchingsbrooke Hospital in Huntingdon - March

Example of return journey by train

Time	Place	Service	Pick up point
19:10	Depart Hinchingsbrooke Hospital	45	Opp Hinchingsbrooke Hospital
19:15	Arrive at Huntingdon Rail Station		Opp Millfield Park
19:46	Depart Huntingdon Rail Station	Kings Cross to Peterborough	
20:03	Arrive at Peterborough Rail Station		
20:18	Depart Peterborough Rail Station		
20:34	Arrive March Rail Station		Platform 2

Total journey time 1 hour 24 minutes

March - Hinchingsbrooke Hospital in Huntingdon

Option 2 - by bus

Example of journey to Hinchingsbrooke Hospital by bus

Time	Place	Service	Pick up point
09:45	Depart March	35	Broad Street
11:04	Arrive at Huntingdon Bus Station	36/66	Bay 7
11:10	Depart Huntingdon Bus Station		Bay 7
11:17	Arrive at Hinchingsbrooke Hospital		

Total journey time 1 hour 32 minutes

Hinchingsbrooke Hospital in Huntingdon - March

Example of return journey by bus

Time	Place	Service	Pick up point
15:10	Depart Hinchingsbrooke Hospital	66	
15:17	Arrive at Huntingdon Bus Station	66/35	Bay 2
15:20	Depart Huntingdon Bus Station	35	Bay 2
16:38	Arrive at March Broad Street		

Total journey time 1 hour 28 minutes

Other Hospital Transport Options

Community Car Schemes

Community car schemes are for people who have difficulty using public transport or who have no access to a car. Some schemes specialise in transport to medical appointments while others will undertake journeys for a variety of reasons. All journeys have to be booked in advance.

For details of all community car schemes in Fenland pick up a copy of the Fenland Transport Directory from your local Fenland @ your service shop, library or GP surgery. Alternatively you can download a copy from www.fenland.gov.uk/transport.

Dial A Ride (Members Only)

This service is operated by Fenland Association for Community Transport (FACT). This is a pre bookable service running Monday to Friday. This service is based on a timetable/route and members who have a national concessionary bus pass can use this service free of charge. To see if you are eligible to become a member of FACT contact them on 01354 661234 or check their website at www.fact-cambs.co.uk

NHS Non-Emergency Patient Transport

Some people are eligible for non-emergency patient transport. These services provide free transport to and from hospital for people who have a medical need for it. Your GP or healthcare professional who referred you to hospital can discuss with you whether you have a medical need for transport.

Taxi/Minicabs

There are many taxi and minicab operators available in Fenland. Details of your nearest operator can be found in the Fenland Transport Directory or by phone, through Directory Enquiries or the Yellow Pages.

Further Help and Advice

	Contact	Website
Travel Line	0871 200 2233	www.traveline.info
National Rail Enquiries	08457 484950	www.nationalrail.co.uk
Association of Train Operating Companies (ATOC)	0207 841 8000	www.atoc.org
Patient Advice & Liaison Service (PALS)	0800 279 2535 01223 725588	www.pals.nhs.uk
Fenland District Council	01354 654321	www.fenland.gov.uk
Cambridgeshire County Council	0345 045 0675	www.cambridgeshire.gov.uk

More publications/case studies in the 'Getting from A - B' Series

- CS1 - Combining transport for social care and hospital visits.
- CS2 - Shopping tips for someone with mobility difficulties and impaired sight and hearing.
- CS3 - Social, shopping and hospital trips for someone with mobility difficulties and needing assistance.
- CS4 - Hospital visits for someone in a wheelchair who needs to travel with oxygen.
- CS5 - Young person travelling for post 16 education.
- CS6 - Attending hospital appointments at Hinchingsbrooke Hospital.
- CS7 - Travel to work from March to Wisbech.
- CS8 - Family Railcard
- CS9 - Whittlesey to Peterborough City Hospital using Rivergate Bus Stop.

All case studies can be picked up from our local fenland @ your service shop or your GP surgery or can be downloaded at www.fenland.gov.uk/transport.